

Glendora After Stroke Center

April 2018 Circle Time Calendar

Circle/Program time 10:45 to 12:00

Classes and caregivers support meeting 9:30 to 10:30
Stroke survivor support group meeting 12:45 to 2:00

Wed. April 4 **STEPHANIE BOLES** **SPEECH PATHOLOGIST, CASA COLINA**

Please welcome Stephanie as she talks about an exciting new research study into Neuroplasticity that can help some brain cells compensate for injury.

Stroke Support Group 12:45 to 2:00

Wed. April 11 **SHAWN HERTZ, LMFT** **HERITAGE CLINIC, PASADENA**

SHAWN HERTZ is the Community Outreach Coordinator from Heritage Clinic in Pasadena. Today's program will include information on community-based mental health services for adults 55+ and their families.

Stroke Support Group 12:45 to 2:00

Wed. April 18 **ELAINE OFFSTEIN** **NEUROFEEDBACK THERAPIST**

ELAINE OFFSTEIN is a professional educator and Neurofeedback Therapist. She will "map the brain," highlighting the specific areas and how they function on a large-size model of the brain.

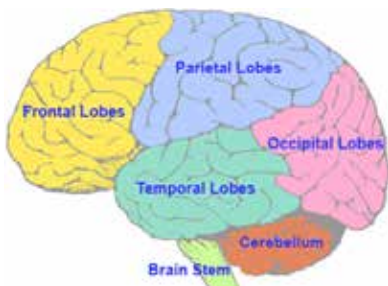
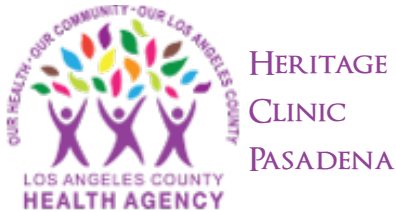
Stroke Support Group 12:45 to 2:00

Wed. April 25 **KAYLA KUSSROW, PIANIST**

KAYLA KUSSROW, Miss Calabasas, volunteered at Circle Time last month and is returning to entertain us with her talents on the piano, featuring Broadway Show Tunes and nostalgic hit favorites from the 50s, 60s and 70s.

Blood Pressure in the a.m. Stroke Support
Group 12:45 to 2:00

Celebrate April Birthdays



Glendora After Stroke Program meets each Wednesday at **LaFetra Center, 333 E. Foothill Blvd. Glendora from 9 a.m. to 3 p.m.**

This is a no-fee program sponsored by **Glendora Community Services.**

Offered each week: re-learning (reading, writing and speech), current events, caregiver support, stroke support, games, music, exercise and lunch at a modest cost.

For more information call
Sonia Schupbach (626) 963-6186
Pat Kelly (626) 335-3111
Phone Day of Meeting
(626) 914-0560

